

REINFORCEMENT MENU FOR HOME

A menu of motivating rewards to encourage positive behavior and build skills every day!



HOW TO USE:

Look through the options with your child. Check or highlight the ones they enjoy the most. Use these rewards right after good behaviors to help your child learn and grow!



ACTIVITIES

Fun things to do that your child enjoys.



Play outside



Puzzles



Color / Draw



Build



Bubbles



SOCIAL

Time with people and activities your child loves.



High five



Kind words



Hug



Play together



Attention



SENSORY

Calming or fun sensory activities your child enjoys.



Fidget toy



Squish / Squeeze



Music



Swing



Sensory lights



EDIBLE

Tasty treats your child enjoys.



Apple slices



Crackers



Yogurt



Banana



Cookies



TANGIBLE

Items your child likes to have or collect.



Toy car



Stickers



Ball



Collectibles



Tablet time



TIPS:

- Use rewards immediately after the behavior.
- Be specific! "Great sitting!"

- Offer preferred rewards more for harder or new behaviors.

- Rotate rewards to keep them exciting!



Every child is unique. Use what motivates your child to help them shine!

