

# Interval Recording Data Sheet

Client Name: \_\_\_\_\_

Date: \_\_\_\_\_

Observer: \_\_\_\_\_

Start Time: \_\_\_\_\_

Setting / Activity: \_\_\_\_\_

End Time: \_\_\_\_\_



Record whether the target behavior occurs during each 10-second interval.  
Use the key below based on the type of interval recording.

| Time<br>(mm:ss) | 10-Second Intervals (30-Minute Observation) |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
|-----------------|---------------------------------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
|                 | 1<br>0:00–<br>0:10                          | 2<br>0:10–<br>0:20 | 3<br>0:20–<br>0:30 | 4<br>0:30–<br>0:40 | 5<br>0:40–<br>0:50 | 6<br>0:50–<br>1:00 | 7<br>1:00–<br>1:10 | 8<br>1:10–<br>1:20 | 9<br>1:20–<br>1:30 | 10<br>1:30–<br>1:40 | 11<br>1:40–<br>1:50 | 12<br>1:50–<br>2:00 | 13<br>2:00–<br>2:10 | 14<br>2:10–<br>2:20 | 15<br>2:20–<br>2:30 | 16<br>2:30–<br>2:40 | 17<br>2:40–<br>2:50 | 18<br>2:50–<br>3:00 |
| 3:00–3:10       |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 3:10–3:20       |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 3:20–3:30       |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 3:30–3:40       |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 3:40–3:50       |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 3:50–4:00       |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| • • •           |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 26:00–26:10     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 26:10–26:20     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 26:20–26:30     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 26:30–26:40     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 26:40–26:50     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 26:50–27:00     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 27:00–27:10     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 27:10–27:20     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 27:20–27:30     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 27:30–27:40     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 27:40–27:50     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 27:50–28:00     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 28:00–28:10     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 28:10–28:20     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 28:30–28:40     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 28:40–28:50     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 28:50–29:00     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 29:00–29:10     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 29:10–29:20     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 29:20–29:30     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 29:30–29:40     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 29:40–29:50     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 29:50–30:00     |                                             |                    |                    |                    |                    |                    |                    |                    |                    |                     |                     |                     |                     |                     |                     |                     |                     |                     |

## RECORDING KEYS

Use the key that matches your interval type.

### Whole-Interval (WI):

X = Behavior occurred  
— = Behavior did not occur

### Partial-Interval (PI):

P = Behavior occurred (any time)  
— = Behavior did not occur

### Momentary Time Sampling (MTS):

+ = Behavior occurring at end of interval  
— = Behavior not occurring at end

## INTERVAL TYPES



**Whole-Interval (WI):** Mark "X" only if the behavior occurred for the entire 10-second interval.



**Partial-Interval (PI):** Mark "P" if the behavior occurred at any time during the 10-second interval.



**Momentary Time Sampling (MTS):** Mark "+" if the behavior is occurring at the exact end of the interval (10th second).

## SUMMARY

Total Intervals: \_\_\_\_\_

Intervals with Behavior: \_\_\_\_\_

Percentage of Intervals with Behavior: \_\_\_\_\_ %

Notes / Comments (Optional)



Consistent data. Clear progress. Better outcomes.