

Behavior Frequency Tracking Sheet

Client Name: _____

Date: _____

Observer: _____

Start Time: _____

Setting / Activity: _____

End Time: _____



Use tally marks to record each time the behavior occurs.

#	Target Behavior	Tally Marks	Total
①	_____		_____
②	_____		_____
③	_____		_____
④	_____		_____
⑤	_____		_____
⑥	_____		_____
⑦	_____		_____
⑧	_____		_____
⑨	_____		_____
⑩	_____		_____
Session Total (All Behaviors)			_____



Consistent data helps us understand and support progress.