

ABC DATA SHEET

(For Professionals)



Client Name: _____

Date: _____

Observer: _____

Time: _____

Setting / Activity: _____

Duration: _____



Record up to 4 behaviors/episodes.

Complete ABC for each occurrence and identify the possible function.

#	A Antecedent What happened immediately before the behavior?	B Behavior Describe the behavior (what did the individual do?).	C Consequence What happened immediately after the behavior?	Possible Function What might the behavior be communicating?
1 				☐ Attention ☐ Escape / Avoidance ☐ Access to Tangible ☐ Automatic / Sensory ☐ Other: _____ Notes / Details: _____
2 				☐ Attention ☐ Escape / Avoidance ☐ Access to Tangible ☐ Automatic / Sensory ☐ Other: _____ Notes / Details: _____
3 				☐ Attention ☐ Escape / Avoidance ☐ Access to Tangible ☐ Automatic / Sensory ☐ Other: _____ Notes / Details: _____



Additional Notes



Function Descriptions (Quick Guide)



Attention: Behavior occurs to gain social attention from others.



Escape / Avoidance: Behavior occurs to escape or avoid a demand, task, or situation.



Access to Tangible: Behavior occurs to gain access to a preferred item or activity.



Automatic / Sensory: Behavior occurs automatically and is reinforced by sensory input.



Other: Behavior does not fit the above or requires more information.



Every behavior has a reason.

Data helps us understand. Understanding helps us support.

Light  Minds